

MENTAL HEALTH AND DISABILITY SERVICES COMMISSION

August 15, 2019 - 9:30 am to 2:00 pm
Polk County River Place – Room 2
2309 Euclid Ave, Des Moines, Iowa
MEETING MINUTES

MHDS COMMISSION MEMBERS PRESENT:

Thomas Bouska
Thomas Broeker
Dennis Bush (phone)
Teresa Daubitz
Jody Eaton (phone)
Kathryn Johnson
Geoffrey Lauer (phone)
Shari O'Bannon

John Parmeter
Cory Turner (phone)
Richard Whitaker (phone)
Russell Wood
Lorrie Young

MHDS COMMISSION MEMBERS ABSENT:

Maria Sorensen
Senator Jeff Edler
Senator Pam Jochum
Representative Joel Fry
Representative Scott Ourth

OTHER ATTENDEES:

Darci Alt	Heart of Iowa Community Services Region
Theresa Armstrong	MHDS, Bureau Chief Community Services & Planning
Kris Bell	Iowa Senate Democrats Caucus Staff
Teresa Bomhoff	Iowa Mental Health Planning & Advisory Council
Jacque Coulson	AMOS/NAMI
John Hedgecoth	Amerigroup
Sandi Hurtado-Peters	Department of Management
Torie Keith	MHDS, Community Services & Planning
Julie Maas	MHDS, Community Services & Planning
Flora Schmidt	Iowa Behavioral Health Association
Adrienne Seusy	Legislative Services Agency
Rick Shults	MHDS, Division Administrator

Welcome and Call to Order

John Parmeter called the meeting to order at 9:32 am and led introductions. Quorum was established with eleven members present and two participating by phone. No conflicts of interest were identified.

Approval of Minutes

Russell Wood made a motion to approve the July 18 meeting minutes. Richard Whitaker seconded the motion. The motion passed unanimously.

Review and Vote on the Cost Increase Letter

Tom Broeker reviewed the draft cost increase letter with formatting changes and word changes he would like to make. Tom Bouska made a motion to accept the changes Tom proposed. Lorrie Young seconded the motion the motion passed unanimously.

There was discussion about including regional cost estimate information that was included in the fiscal note for HF2456. The Commission agreed to include the regional cost estimate information in the per capita format in the letter. Russell Wood made a motion to approve the cost estimate letter with changes. Lorrie Young seconded the motion. The motion to approve the cost increase letter with changes was accepted unanimously.

Discussion of Centralized Data Systems and Non-Centralized Data Systems

John Parmeter said that he intended for this conversation to be more global when discussing data systems instead of getting into the specifics of each system that makes up Iowa's system. John said that Iowa's system is made up of MHDS regions who are required to report to DHS on specific data points, Medicaid data at IME and substance abuse data at IDPH. John said that DHS uses data for reporting to the federal government and possibly other reasons. Theresa Armstrong said that there are different purposes for data and different reasons to pull data. Theresa said that it could be for a required federal or state report, or if people ask specific questions, or if DHS is trying to answer a specific question. Theresa said that some of what the managed care bureau at IME is doing is looking at specific data and health outcomes but it takes time to analyze data and it takes a while to get accurate data.

There was discussion on the advantages of having a centralized data system. The state could use the data to look at outcomes of practices and use that data as a basis for requesting funding. There was discussion on the advantages of claims data and data collected to get at outcomes in one system to get a comprehensive picture of what is working in the state and where there are gaps. There was discussion about the benefits of the ISMART program used by IDPH and how data can be aggregated by location or statewide and providers can access their own data. There was discussion about how having the data in a centralized location could be used to see how the MCOs are doing on different outcomes.

There was discussion on the regional data gathering process and how all regions except Polk County use the same system. The regions have discovered the importance of being consistent and having consistent policies and procedures. The ideal for the regions is to count everyone at the individual level. There was discussion on the importance of having historical data and also real time data for different purposes. There was discussion about how there is less of a risk of data going unused in a smaller regional system but there would need to be a change in how people are currently reporting data so it is consistent across all regions.

There was discussion on how data systems and data collection takes a lot of time, personnel and money. There was discussion on the concerns of violating HIPPA and data breaches with a centralized system. There was discussion on how Iowa could learn from other states who are successfully implementing centralized data systems and who are more advanced in data analytics.

Rick Shults encouraged the use of evidence based practices that have data that go along with them. Rick said that with limited resources there is always the choice of where to put resources and the data will remain with DHS but there is the need to move faster when analyzing data.

MHDS Update – Theresa Armstrong

Theresa gave an update on the children's behavioral health system and said that at the last meeting the Commission decided to continue having John be their representative on the Children's Board. The Board's first meeting is scheduled for August 27th. Theresa thanked the Commission rules committee for all their work on the draft children's system rules package. DHS will be consulting with the Children's Board for rules related to the children's behavioral health system. Theresa said the rules package will clearly state that the Commission has to notice the rules.

Theresa gave an update on the screening panel which was formed using a grant from Mid Iowa Health Foundation. Theresa said the panel had their last meeting and a summary of the report will be given at the children's board meeting.

Theresa said Your Life Iowa had a soft start on July 1 as the statewide crisis line. There are meetings taking place with regional representatives, Foundation 2, IDPH, and DHS to discuss rolling over the regional crisis lines to Your Life Iowa and how it may look different for each region.

Theresa said Project Recovery Iowa which is the disaster relief program in Western Iowa continues and DHS was awarded a longer term grant to continue outreach activities to communities most effected by the flooding. The work will continue through the end of April. Theresa said there was a change in provider and Heartland Family Service will be serving all five counties with Iowa Concern hotline still being used as the referral line.

Theresa said that DHS is working on the budget and the budget will be presented to the DHS Council at their September meeting. Rick Shults said that Director Clabaugh is completely engaged with DHS while maintaining all of his responsibilities at IDPH and he has a very solid leadership style.

Theresa said that comments just closed on the state plan amendment (SPA) that IME had to complete due to the change in ACT rates. The change will be retroactive to July 1. There was discussion on the process for changing the SPA and how different changes can take place at different times but each time a change is sent to CMS they can ask questions about the entire SPA which can slow down the process.

Public Comment

Teresa Bomhoff appreciated the Commission including workforce in their cost increase letter and said the workforce issue is getting worse. Teresa said that the opening of Mercy's new psychiatric beds has been delayed due to losing their psychiatrist and another hospital had to close a wing of beds due to staff shortages.

The Commission broke for committee work at 11:19 am followed by lunch and reconvened at 1:15 pm.

Presentation on Your Life Iowa – Eric Preuss

Eric Preuss from IDPH introduced himself and thanked the Commission for inviting him to present on the Your Life Iowa website. Eric presented a power point on Your Life Iowa. There was discussion on how to use the website to search for providers and services located in different parts of the state. There was discussion on how IDPH is using different grants to market Your Life Iowa and they are able to tell which ads are successful in increasing name recognition.

There was discussion on the collaboration between IDPH and DHS to include mental health on the website and building a statewide crisis line. Eric said that the regions will receive a marketing kit that they can use and they have been working with Foundation 2 on how to rollover the regional crisis lines to the statewide line. Eric said that Foundation 2 already served as the crisis line for some regions and they will build capacity as needed. There was discussion about how the warm line will be incorporated with the crisis line and that current warm line providers will be involved in those discussions.

Planning for Future Meetings

The Commission requested presentations on the regional dashboards when there are quarterly updates, how CMHCs are using their block grant money, crisis stabilization programs and what they have learned providing a new model of care. The Commission requested Director Clabaugh come to a meeting and Iowa Total Care present on their vision for Iowa.

Public Comment

None

The meeting adjourned at 2:08 pm.

Minutes respectfully submitted by Julie Maas.